



Relay Team Runners Registration Form

Mt. Si Relay, April 27, 2014 – please print

Registration fees: \$195 if postmarked by 3/28, \$225 from 3/29-4/14, \$235 at packet pickup on 4/26/2014

Tech T Shirts (men's and woman's sizing) guaranteed to all runners registered by 3/31/2014

You can register with less than 5 runners and add runners after registering.

To add runners, change details after you register, or questions send an email to registration@mtsirelay.com

No day of race registration. Visit MtSiRelay.com for complete details.

Team Captain Name _____ Team Name _____

Address _____ City _____ State _____ Zip _____

E-Mail Address _____ Phone _____ - _____ - _____

Team Total Age on 4/27/2014* _____

Team Categories and start times. Check category & circle start times.

Ck box	Team makeup	Category	Open under 200 combined age*	Masters 200+ combined age*
	5 male or 4 male+1 female	Men's	8:00 AM	8:00 AM
	5 runners (all women)	Women's	6:30 AM	6:30 AM
	5 runners (3 male maximum)	Mixed	8:00 AM	6:30 AM
	1 to 5 runners**	Recreation	6:30 AM (no open or masters divisions)	

* total of five team members ages on 4/27/2014 (not applicable for Recreation teams)

** any age, any gender (not eligible for finish awards)

	Team Runners Names (please print) (does not need to be in running order)	Birthdate xx/xx/xxxx	Gender F/M	Shirt*** S-M-L-XL	Waiver Signatures**** (All runners must sign. May sign on day of race)
1					
2					
3					
4					
5					

*** Shirts in women's and men's sizes S, M, L, XL

Make checks payable to "Mt. Si Relay" and mail by 4/14 to:

To register online go to MtSiRelay.com or RunReg.com

Email confirmation will be sent to Team Captain when entry form is received

Mt. Si Relay

P.O. Box 3321

Kirkland, WA 98083

Participant's agreement, waiver, release and acknowledgement

In consideration of being allowed to participate in the Mt. Si Relay and Ultra Runs, I hereby, for myself, my heirs, executors and administrators, waive and release any and all rights and claims for liability and damages I may have against the Eastside Runners Club, Everyday Athlete, and any other person, municipality or entity associated with the event, which shall have no express or implied duty to provide traffic control, first aid, or any other services or equipment to me during the event. I acknowledge that it is my responsibility to understand the risks and determine whether I am fit to safely complete this event and the precautions I should take. I accept all risks, known or unknown, which may arise out of or related to my participation in this event. I grant to Eastside Runners and its sponsors the right to the free use of my name, voice and/or picture in any broadcast, telecast, advertising, promotion or other account of this event, except when usage suggests an endorsement of any product or service without my consent. I acknowledge that my entry fee is non-refundable.

X Please sign in Waiver Signatures box above (Parent must sign if participant is under 18 years old)