

Mt. Si Relay Course Details

Leg Descriptions

Leg #	Start Leg	End Leg	Miles	Surface	Elevation (in feet)	
					Gain	Loss
Leg #1	Elementary School	39th Pl.	8.3	Road/Trail	105	410
Leg #2	39th Pl.	Remlinger Farms	6.2	Road/Trail	200	<40
Leg #3	Remlinger Farms	Remlinger Farms	5.7	Trail	<40	<40
Leg #4	Remlinger Farms	39th Pl.	6.2	Trail/Road	<40	200
Leg #5	39th Pl.	Millpond (Sterns Rd.)	6.5	Road/Trail/Road	390	65
Leg #6	Millpond (Sterns Rd.)	Two Rivers School	4.4	Trail/Road	<40	<40
Leg #7	Two Rivers School	Rattlesnake Lake	7.1	Trail	490	0
Leg #8	Rattlesnake Lake	Rattlesnake Lake	4.1	Trail	130	130
Leg #9	Rattlesnake Lake	Two Rivers School	7.1	Trail	0	490
Leg #10	Two Rivers School	Elementary School	3.4	Trail/Road	0	<40

Exchange #1 & #4 park at Fall City Community Park
 Exchange #2 & #3 parking at Remlinger Farms
 Exchange #5 parking at Millpond road shoulder

Exchange #6 and #9 parking at Two Rivers School
 Exchange #7 & #8 parking at Rattlesnake Lake

Relay Course Elevation In feet

