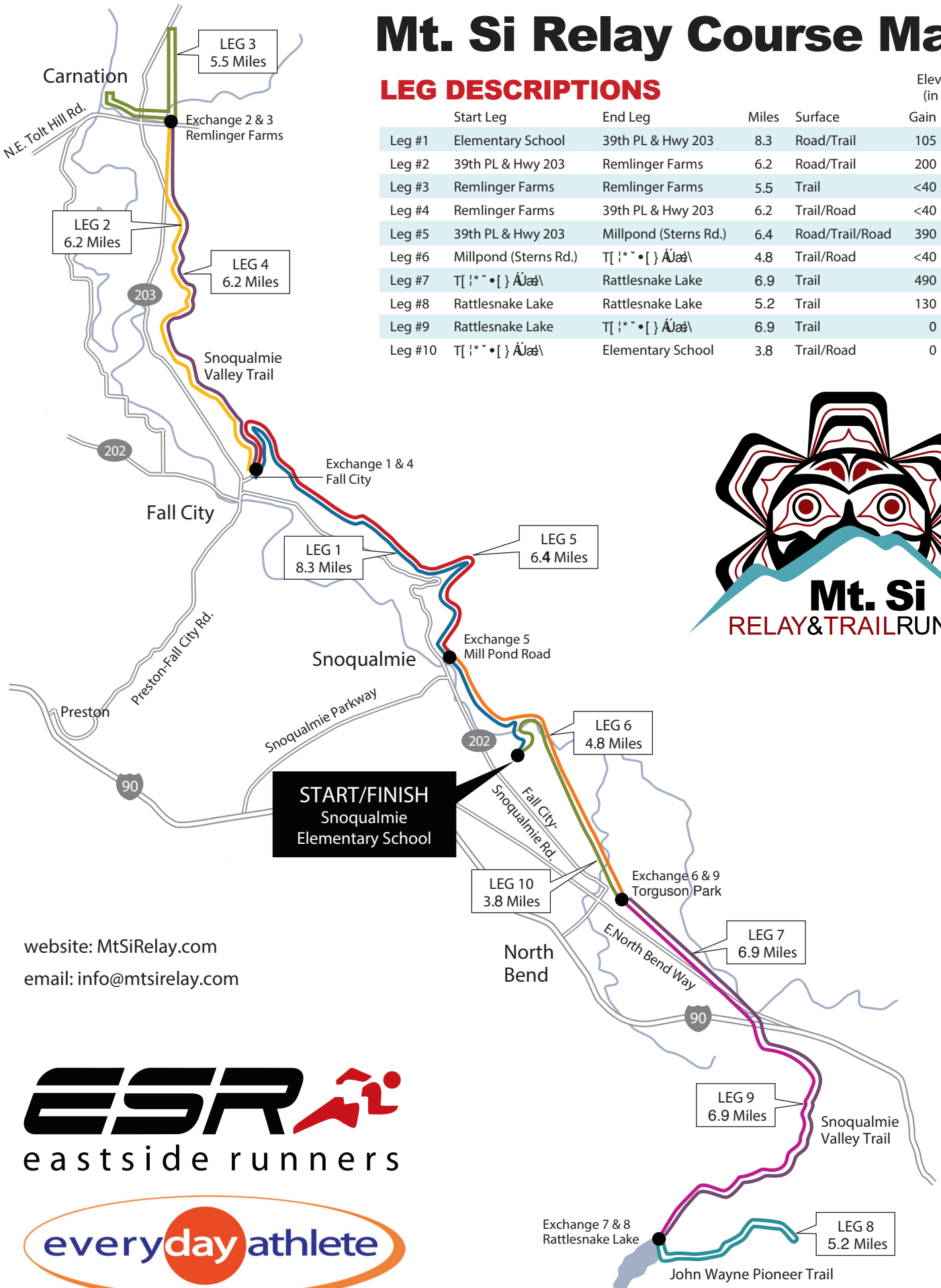


Mt. Si Relay Course Map

LEG DESCRIPTIONS

Leg #	Start Leg	End Leg	Miles	Surface	Elevation (in feet)	
					Gain	Loss
Leg #1	Elementary School	39th PL & Hwy 203	8.3	Road/Trail	105	410
Leg #2	39th PL & Hwy 203	Remlinger Farms	6.2	Road/Trail	200	<40
Leg #3	Remlinger Farms	Remlinger Farms	5.5	Trail	<40	<40
Leg #4	Remlinger Farms	39th PL & Hwy 203	6.2	Trail/Road	<40	200
Leg #5	39th PL & Hwy 203	Millpond (Sterns Rd.)	6.4	Road/Trail/Road	390	65
Leg #6	Millpond (Sterns Rd.)	T[i*~ [} ÁJæ\	4.8	Trail/Road	<40	<40
Leg #7	T[i*~ [} ÁJæ\	Rattlesnake Lake	6.9	Trail	490	0
Leg #8	Rattlesnake Lake	Rattlesnake Lake	5.2	Trail	130	130
Leg #9	Rattlesnake Lake	T[i*~ [} ÁJæ\	6.9	Trail	0	490
Leg #10	T[i*~ [} ÁJæ\	Elementary School	3.8	Trail/Road	0	<40



website: MtSiRelay.com
 email: info@mtsirelay.com

