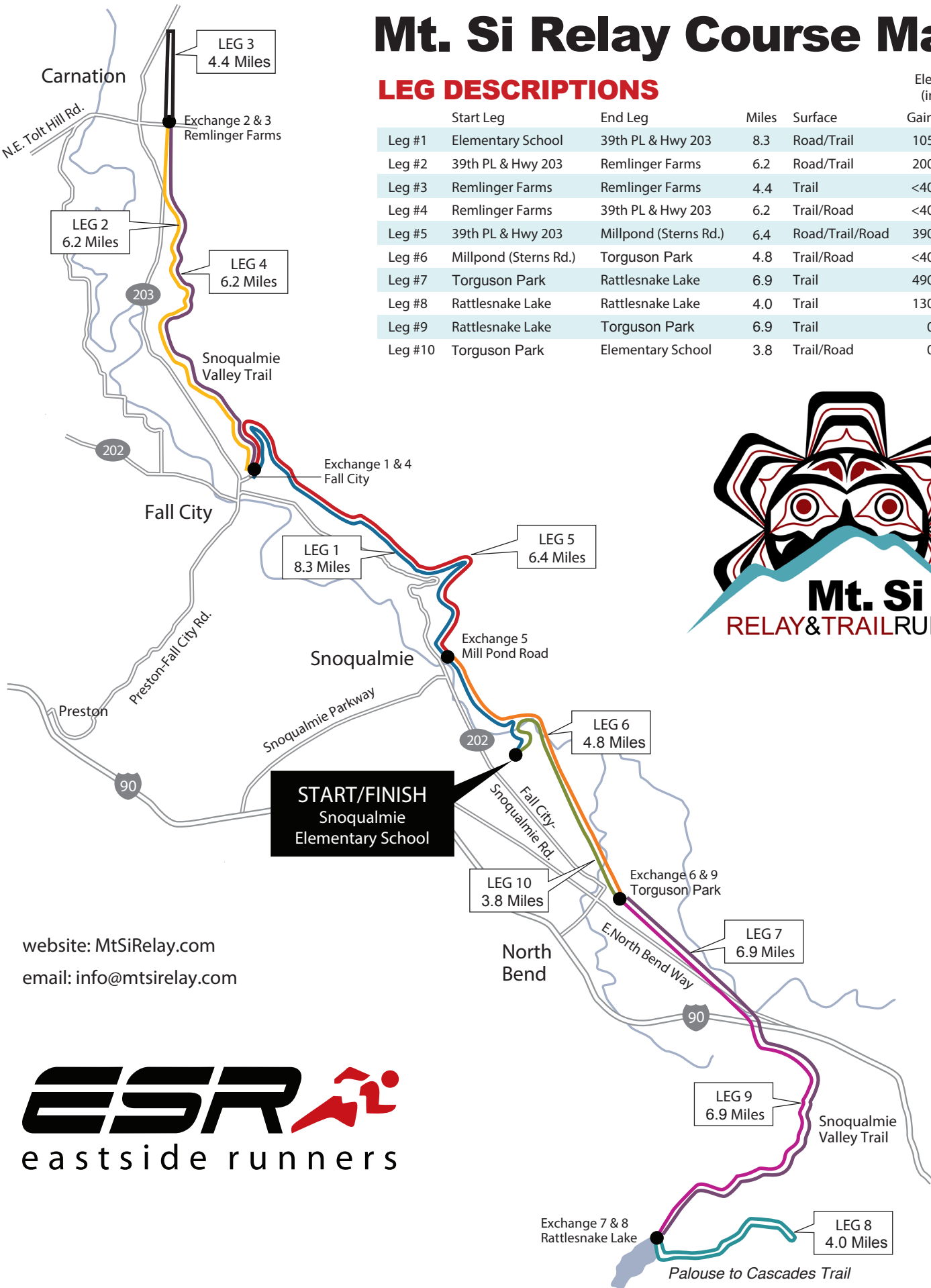


Mt. Si Relay Course Map

LEG DESCRIPTIONS

Leg #	Start Leg	End Leg	Miles	Surface	Elevation (in feet)	
					Gain	Loss
Leg #1	Elementary School	39th PL & Hwy 203	8.3	Road/Trail	105	410
Leg #2	39th PL & Hwy 203	Remlinger Farms	6.2	Road/Trail	200	<40
Leg #3	Remlinger Farms	Remlinger Farms	4.4	Trail	<40	<40
Leg #4	Remlinger Farms	39th PL & Hwy 203	6.2	Trail/Road	<40	200
Leg #5	39th PL & Hwy 203	Millpond (Sterns Rd.)	6.4	Road/Trail/Road	390	65
Leg #6	Millpond (Sterns Rd.)	Torguson Park	4.8	Trail/Road	<40	<40
Leg #7	Torguson Park	Rattlesnake Lake	6.9	Trail	490	0
Leg #8	Rattlesnake Lake	Rattlesnake Lake	4.0	Trail	130	130
Leg #9	Rattlesnake Lake	Torguson Park	6.9	Trail	0	490
Leg #10	Torguson Park	Elementary School	3.8	Trail/Road	0	<40



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